



INTERVIEW GUIDE / INVOLVED ADULT WOMEN

(For Interviewer use only)

Hello, my name is _____ from the University of _____ and in collaboration with other universities at the national and European level, we are working on the European project ROMOMATTER.

The interview could take around an hour or an hour and a half and in order to be able to give you my full attention during the interview, if you do not mind, I would like to record it. For this reason, before beginning with the interview and in order to have some evidence that you have been informed and you give your consent for it, I would like to ask you to read and sign the following document "Informed consent". *(Note: if woman do not know how to read or write, the "informed consent" should be read and explained by the interviewer and recorded the interviewee consent)*

Now we are going to start the interview.

I want to remind you that your participation is voluntary, you could reject to answer any question, interrupt the interview or consider it finished whenever you deem appropriate. I want to emphasize that we are interested in your experiences and your opinion about these topics. We want to know about your feelings and the meaning to you, to women and to your community.

If you are ready, we can start...

First of all, I would like you to talk about your experiences from when you were a child. How did you think your life was going to be?...

<p>TOPICS</p> <p>To be addressed by the woman during the discussion</p> <p><i>(Not necessarily in the proposed order)</i></p>	<p>QUESTIONS</p> <p>Examples of questions that could help the interviewer to address the topics, but not necessarily to be asked</p> <p><i>(It is desirable that the women interviewed elaborate the narratives on the topics by themselves)</i></p>
<p>OPENING QUESTION</p>	<p>ALL THE INTERVIEWEES</p> <p><i>Note: The following questions can be useful to deal with the opening question if the woman has difficulties to start talking:</i></p> <ul style="list-style-type: none"> - What is your current relationship status (single, married, divorced, etc.?) - Have you got children? Boys? Girls? - How old are they? - Does it fit with what you thought your life was going to be?

<p style="text-align: center;">MENARCHE STAGE</p>	<p>ALL THE INTERVIEWEES</p> <p>Now I would like to talk about some moments of your life.</p> <ul style="list-style-type: none"> • To you what is the meaning of being a woman? • What is the experience with the change from child to woman? • What do you remember about that stage? • Can you think of a specific moment about your experience of becoming a woman? • What is the importance of a woman’s first period? For your parents? For your community? <ul style="list-style-type: none"> ○ Did someone prepare you for this moment? <ul style="list-style-type: none"> ▪ Who? ○ How do you think girls should be prepared for that moment? [And who should prepare them?] • Do you remember when you started behaving like woman/adult? Can you talk more about that? <p>ONLY MOTHERS with daughters in the age</p> <ul style="list-style-type: none"> • And related to your daughters, what did her first period mean to you? • How did you feel when you observed your daughter assuming behaviours directed to becoming a woman?
<p style="text-align: center;">MOTHERING</p>	<p>ALL THE INTERVIEWEES</p> <ul style="list-style-type: none"> - Could you tell me what is the meaning of being a mother? - Do you think you should become a mother to be a woman? - How would you define an ‘ideal’ or a ‘good’ mother? - Is it relevant for you to become a mother? - How relevant do you think is for your family/friends environment to become a mother? <p>ONLY MOTHERS:</p> <ul style="list-style-type: none"> - At what age did you have your first son/daughter? Had you thought of becoming a mother at that age? - How did you experience the news that you were pregnant? - Who accompanied/helped you during the pregnancy? Why that person/people? - Did you miss anyone during that process?

	<ul style="list-style-type: none"> - Did you have resources available to you when you went through that process? Can you talk more about that? - How did becoming a mother affect your life? [i.e. about her studies, work, family, future, etc.] - How do you think the decisions related to motherhood should be taken? By women themselves? Or by the family as a whole? Who should take the decision?
EMPOWERMENT	<p>ALL THE INTERVIEWEES</p> <ul style="list-style-type: none"> - In your opinion what is the meaning of “having power” in your life? (i.e. make your own decisions) - What are the needs or problems of having that power? <p>At this moment</p> <ul style="list-style-type: none"> - What do you usually do in a regular day? (i.e. work, school, daily activities, etc.) - Do you like what you do? Are you satisfied with what you do? - What is your opinion about being a mother and going to school? <ul style="list-style-type: none"> o Do you think those options are compatible with a woman’s life in your community? <ul style="list-style-type: none"> ▪ How do you think they could be made compatible? - What do you think about being a mother and having a job? <ul style="list-style-type: none"> o Do you think those options are compatible with a woman’s life in your community? <ul style="list-style-type: none"> ▪ How do you think they could be made compatible? - What are your expectations for the future? - What do you think are the opportunities for your children?
MATTERING	<p>ALL THE INTERVIEWEES</p> <ul style="list-style-type: none"> - Do you think that people around you (family, friends, neighbours, etc.) are concern about you need? - Do you think they value what you achieve? How? - Do you think they value your opinion? How? - Do you think they need you? How? - Do they ask for your advice about what is important to them? How?

	<ul style="list-style-type: none"> - Do they ask for your help when they need it? How, can you share an experience? How does it make you feel? - Do they trust on you things important to them?
FAMILY PLANNING	<p>ALL THE INTERVIEWEES</p> <ul style="list-style-type: none"> - What age or moment do you think is more suitable to become a mother? Why? - Is there any other better thing to do instead of becoming a mother? - What do you think about contraceptive methods? <ul style="list-style-type: none"> o And within your relationship? [if she is currently in relationship or when she will be] <p>ONLY MOTHERS</p> <ul style="list-style-type: none"> o In what situation would you advice your girls not to become mothers? What would you tell/advise them to do? o In what situation would you recommend contraceptive methods to your daughters? And to your sons?
REFERENCE PERSONS	<p>ALL THE INTERVIEWEES</p> <ul style="list-style-type: none"> - As a woman, what people have been the most important in your life and have contributed to who you are today? Why?
CLOSING QUESTION	<p>ALL THE INTERVIEWEES</p> <p>Finally,</p> <ul style="list-style-type: none"> - Is there anything else that was not included in the interview and that you would like to add? - What would you highlight as the best thing that has happened to you in your life?

Thank you very much for your participation!

Note for the interviewer: Please remember to fill the 'Sociodemographic sheet' with the interviewee data.